R&R CLEANING ROUTINE

PURGE ME WITH HYSSOP, AND I SHALL BE CLEAN; WASH ME,
AND I SHALL BE WHITER THAN SNOW. PSALM 51:7

THE DAILY EIGHT

Make your bed.
Making your bed is that first small step in maintaining a neat home.

Start a load of laundry, dry, fold, and put away.
Get into the habit of completing one load of laundry every day. You'll feel better if you just get it done and put it away.

Sweep the floors and/ or vacuum.
The kitchen floors are particularly susceptible to messes and should be swept every day. You'll know if other rooms need attention by a quick visual inspection.

Tidy the kitchen.
The kitchen should be cleaned and tidied after every meal. If you are not in the habit of going to bed with a clean kitchen, start that today.

Wipe down the bathrooms.
This should be a quick wipe down each morning to remove water spots and grime, making the bathroom fresh for everyone to use. Replace hand towels as needed.

Straighten the house.
Do a quick pick up of things that are out of place, plump pillows, etc.

10 Minute declutter.
Set the timer and spend 10 minutes decluttering one space. Stop when the timer beeps.

Take out the trash.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Scrub and clean the bathrooms. Wash floor mats and linens.	Mop and clean all hard floors.	Strip all beds. Air out mattresses. Wash and dry bed linens and towels.	Plan meals for the week. Go grocery shopping and put away groceries.	Dust furniture. Complete all Sabbath preparation.

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