

STRUCTURING THE DAY FOR A TODDLER

a suggested schedule for stay at home moms

6:00 AM	Wake up. Have devotions and prayer time – if baby is awake, nurse her during this time. Prepare Breakfast.
7:00 AM	Wake up toddler. Make beds. Get dressed. Eat Breakfast. Morning Worship – sing some fun songs, have a Bible story, and pray.
8:00 AM	Chore Time for Mom – Tidy kitchen & sweep, tidy bathrooms & wipe down sinks, start load of laundry, 10 minute de-clutter. During this time you can do one of two things with the little ones – put the gate up and let them play with toys. Or let them watch PBS. I know, television as a baby sitter. <i>Sigh</i> . It works.
9:00 AM	Play time.
10:30 AM	Snack time.
11:30 AM	Pick up toys. Prepare lunch.
12:00 PM	Eat lunch. Tidy kitchen.
1:00 PM	Play time with Mommy.
2:00 PM	Nap/ Quiet time. Afternoon chores for Mommy – fold & put away clothes, mop floors, tidy house, etc.
4:00 PM	Play Outside time in good weather. Or Play Inside during bad weather, in which case at 4:45 have children pick up toys. Don't just tell your toddler to clean up his toys. Work beside him. Also, having toys well organized makes this much easier. Teach your child from an early age to only get one toy out at a time. HUGE time saver!
5:00 PM	Prepare supper.
6:00 PM	Eat supper.
7:00 PM	Family worship.
7:30 PM	Bath time. Story time.
8:00 PM	Bed time for kids.
9:00 PM	Tidy kitchen. Prepare for tomorrow.
9:30 PM	Relax. Enjoy your husband. Do something you enjoy.
11:00 PM	Bedtime for mom.

Please note: This is just a suggested schedule and what I used in my own home. I have included a blank schedule for you to fill out with your own ideas. Visit: <http://avirtuouswoman.org/q-a-structuring-the-day-for-a-toddler/> for more details.

MY DAILY ROUTINE

Many are the plans in a person's heart, but it is the LORD's purpose that prevails. Proverbs 19:21

6:00 AM	
7:00 AM	
8:00 AM	
9:00 AM	
10:00 AM	
10:30 AM	
11:00 AM	
12:00 PM	
1:00 PM	
2:00 PM	
4:00 PM	
5:00 PM	
6:00 PM	
7:00 PM	
7:30 PM	
8:00 PM	
9:00 PM	
9:30 PM	
10:00 PM	
10:30 PM	
11:00 PM	

THE PURPOSE 31 PLANNER

for Christian women

OKAY, SO I KNOW WHAT YOU'RE THINKING. YOU'RE WONDERING IF THIS PLANNER WILL BE LIKE ALL THE REST YOU'VE PURCHASED OVER THE YEARS THAT. . . YOU THOUGHT YOU'D LOVE, BUT THEY DIDN'T REALLY WORK FOR YOUR LIFE.

You want to get organized, but life is so overwhelming at times that you can never seem to catch up. I get it. I've been there. *I'm still there.* That's why I first created the Purpose 31 Planner in 2013. I needed a better way to stay on top of household chores, menu planning, goal setting, and making lists.

I needed a plan.

With weekly and monthly planning for homemaking, to do lists, and more, you'll find plenty of room to write down all of that important stuff you want to remember.

I KNOW YOU'LL LOVE THE PURPOSE 31 PLANNER!

<http://avirtuouswoman.org/the-purpose-31-planner-for-christian-women/>

AVAILABLE IN PRINTABLE OR SPIRAL BOUND FORMAT

The image displays two sample pages from the Purpose 31 Planner. The left page is titled "weekly homemaking" and features a grid for tracking household chores over a week. The right page is titled "weekly menu plan" and features a grid for tracking meals over a week.

weekly homemaking

Week one
household chores

	S	M	T	W	T	F	S
make beds							
laundry - wash, fold, put away							
sweep floors/vacuum							
tidy kitchen							
wipe down bathroom							
straighten house							
10 minute de-clutter							
take out trash							

this is my life

THINK & DISCUSS A DAY

THIS WEEK'S CHORES

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

remember

morning routine

1	_____
2	_____
3	_____

afternoon routine

1	_____
2	_____
3	_____

evening routine

1	_____
2	_____
3	_____

weekly menu plan

	B	L	S	Snacks
S				
M				
T				
W				
T				
F				
S				

notes
