

BLOCK SCHEDULE

DAILY ROUTINES TO SIMPLIFY MY LIFE

EARLY MORNING 6:00 - 9:00	MID MORNING 9:00 - 12:00	NOON 12:00 - 3:00	AFTERNOON 3:00 - 5:00	EVENING 5:00 - 9:00

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A block schedule template consisting of six vertical light blue bars, each representing a time block for daily routines. The bars are arranged horizontally and are separated by thin white lines. They are currently empty, intended for the user to write in their routines.