

WHAT TO CLEAN AND WHEN

DAILY

- MAKE BEDS - 5 MINUTES
- LAUNDRY - WASH, FOLD, PUT AWAY - 10 MINUTES TOTAL
- SWEEP FLOORS / VACUUM - 5 TO 10 MINUTES
- TIDY KITCHEN - 30 MINUTES OR LESS PER MEAL
- WIPE DOWN BATHROOMS - 2 MINUTES EACH
- STRAIGHTEN HOUSE - 30 MINUTES
- 10 MINUTE DECLUTTER - 10 MINUTES
- TAKE OUT TRASH - 2 MINUTES

WEEKLY

- MOP FLOORS
- WASH BEDDING
- DUST FURNITURE & BOOKSHELVES
- SCRUB BATHROOMS
- CLEAN OUT REFRIGERATOR
- CLEAN STOVE/ OVEN
- CLEAN MIRRORS
- CLEAN OUT ONE DRAWER OR CLOSET

