



Love Letters to Myself



I am
beautiful.

I am very
important.

I am
unique.

I can
do this!
Fighting!

SMILE.

Life is
beautiful.
Be thankful.

Be grateful
for all your
blessings.

Trust yourself.
You can
do this!

Life is full
of wonderful
surprises. Be
hopeful.

Wait patiently.
There is a
perfect time for
everything.

Trust the process.
Don't be too
hard on
yourself.

I will grow.
I will bloom.
Don't give
up.



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I am
loved.

I am
precious.

I am
special.

It's okay
not
to be okay.

Everything
will be
better
soon.

I can do this
because God will
help me.

I am not
alone.
God is with
me.

I am God's
beloved child.

God is fighting
for me.

There is hope
in God. He will
help us.

I am a work
in progress.
I can improve
next time.

God is in
control.
God is at
work.



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God loves me
so much.

I am fully
known and
loved by God.

I am fearfully
and wonderfully
made by God.

My family
loves me.

I will REST in God
when I am
tired.

It's okay to
rest.
God will help
me.

God has
wonderful
plans for
me.

God will
provide for
my needs.

God will
heal
me.

God cares
for me.

God loves me
so much that
Jesus died
on the cross
for me.

I am forgiven
by our Father
even if I am like
this.



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