



THE INTENTIONAL YEAR

A Purpose 31 Planner for Homemakers

AVIRTUOUSWOMAN.ORG

THIS YEAR: 20__

FOR I KNOW THE PLANS I HAVE FOR YOU. JEREMIAH 29:11

JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

MAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

JUNE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

THIS YEAR: 20__

FOR I KNOW THE PLANS I HAVE FOR YOU. JEREMIAH 29:11

JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

NOVEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

YEAR AT A GLANCE

FOR I KNOW THE PLANS I HAVE FOR YOU. JEREMIAH 29:11

JANUARY 20__

FEBRUARY 20__

MARCH 20__

APRIL 20__

MAY 20__

JUNE 20__

YEAR AT A GLANCE

FOR I KNOW THE PLANS I HAVE FOR YOU. JEREMIAH 29:11

JULY 20__

AUGUST 20__

SEPTEMBER 20__

OCTOBER 20__

NOVEMBER 20__

DECEMBER 20__

LET'S CELEBRATE

THIS IS THE DAY THAT THE LORD HAS MADE;
LET US REJOICE AND BE GLAD IN IT. PSALM 118:24

JANUARY

FEBRUARY

MARCH

APRIL

MAY

JUNE

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JULY

AUGUST

SEPTEMBER

OCTOBER

NOVEMBER

DECEMBER



SET YEARLY GOALS

First think about the big picture of what you really want for your life.
Think of goals that will keep you motivated and inspired through the year.

THINGS TO WORK ON	MEASURABLE OUTCOME	DUE DATE

YOUR VISION BOARD

Now envision your next year. For each of the boxes below think about your goals and how you envision each of the aspects listed. Think about the WHY behind each of the goals and make sure they're driven by genuine intentions. Notice if there are words or mantras that jump out at you for this next year.

FAITH

FITNESS

RELATIONSHIPS

FINANCIAL

EXPERIENCES

BUSINESS

GOAL PLANNER

GOAL:

ACTION STEPS:

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NOTES:

GOAL TRACKER

FOR I KNOW THE PLANS I HAVE FOR YOU. JEREMIAH 29:11

GOAL:

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

NOTES:

31

GOAL COMPLETE!	
DATE:	REWARD:

H A B I T T R A C K E R

Sed ut perspiciat voluptatem	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	

HABIT:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	

HABIT:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	

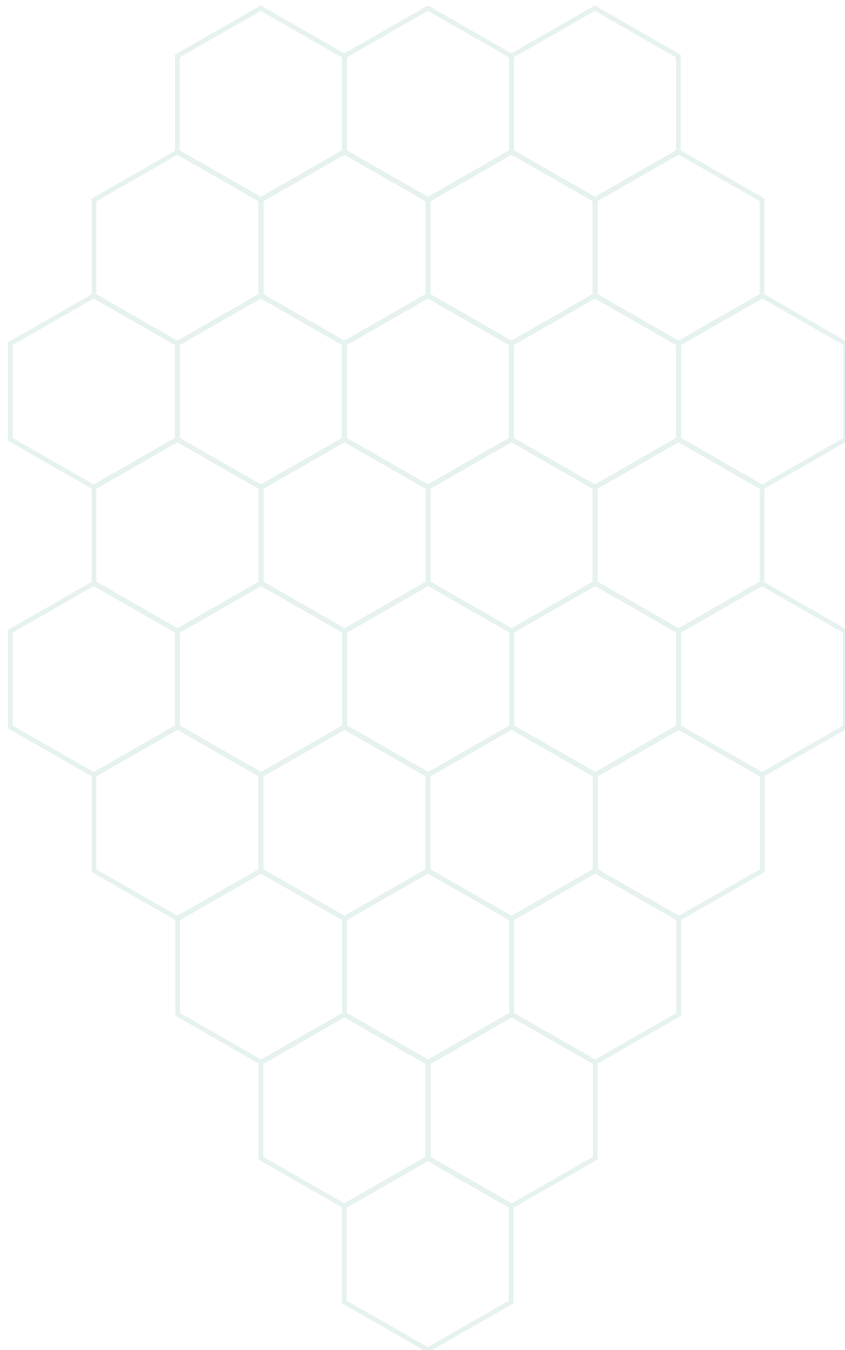
HABIT:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	

HABIT:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	

HABIT:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	



MOOD TRACKER



KEY:



NOTES:

TIME TRACKER

Time	Thursday	Friday	Weekend
7:30am			
8:00am			
8:30am			
9:00am			
9:30am			
10:00am			
10:30am			
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10:00pm			
10:30pm			



SAVINGS TRACKER

SAVING FOR:

AMOUNT TO SAVE:

END DATE:

MONTH

DATE

AMOUNT

REMAINING

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DAILY ROUTINE

SHE LOOKETH WELL TO THE WAYS OF HER HOUSEHOLD.
PROVERBS 31:27

MORNING ROUTINE

S M T W T F S

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EVENING ROUTINE

S M T W T F S

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DAILY PRIORITIES

DATE _____

My Top 3 Priorities:

1.	2.	3.
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People I must Reach Out to Today:

1.	2.	3.
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Tasks that must be completed before end of the day:

1.	2.	3.
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Schedule the above items into my day below

MY DAY

6 AM	
7 AM	
8 AM	
9 AM	
10 AM	
11 AM	
12 PM	
1 PM	
2 PM	
3 PM	
4 PM	
5 PM	
6 PM	
7 PM	
8 PM	
9 PM	
10 PM	

TODAY'S TREAT

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I'M GRATEFUL FOR

- 1.
- 2.
- 3.

NOTES

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PLAN FOR THE WEEK

FOR I KNOW THE PLANS I HAVE FOR YOU. JEREMIAH 29:11

Sun	
Mon	
Tues	
Wed	
Thur	
Fri	
Sat	

PLAN FOR THE WEEK

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Sun		
Mon		
Tues		
Wed		
Thur		
Fri		
Sat		

