

PRAYER STARTERS FOR BUSY MOMS

IDEAS TO GET YOUR PRAYER LIFE STARTED

A prayer starter is a simple way to focus your mind and get rid of distractions so you can focus on prayer. These prayer starter ideas will help you to get in the right frame of mind, or state of heart, and can help you when you feel at a loss for words.

You can talk to God about anything that's on your heart, but there may be times when you don't know what to pray for. The prayer starters listed below can help you to focus your thoughts and get started.

#1

Dear Heavenly Father, thank you for giving me another day of life. This day is yours and I'm so grateful for this day. Thank you for my health, for my home, and for my precious family and all those people who are around me. Please help me to...

#2

Dear Lord, When I am weak, you are strong. You are always there in times of trouble. Please help me to see Your hand in this day. Help me to take comfort in the assurance that You will never forsake me. Help me to remember that even when life seems mundane and repetitive that You have a plan for my time. Thank you for loving me so much. Please help me to remember...

#3

Dear Heavenly Father, my heart is filled with so many emotions today and I feel overwhelmed. Please help me to keep my eyes on You today so that I can be the wife and mother you would have me to be. Help me to remember that I don't have to be perfect and that Your grace is sufficient. Please be with...

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#4

Dear Lord, thank You for waking me up this morning and giving me another day to live out Your plan for my life. I'm so grateful that You know exactly what is going to happen today and you've gone before me. Please help me see the truth of who I am in You. What a treasure it is that I get to be a partaker of your plan here on this earth. You've given me a great responsibility in raising these children. Please help me to be...

#5

Dear Lord, I thank you so much for the chance to rest in You today. You offer true rest and freedom from the burdens of this life. Thank you for taking my worries and carrying them for me. I can't do it without you. Some days are just so hard. Please help me to enjoy this time with my children while they are still little and...

#6

Dear Heavenly Father, I have a habit of worrying and I want to give my worry to You, Lord. This day is full of unknowns – but You know exactly what will happen today. Please give me patience today to wait on Your plans instead of trying to take things into my own hands. Help me to remember that You are in control and I can trust You with everything in my life. Please help me to ...

#7

Dear Heavenly Father, thank you for this day – even though I know that it will not be easy. Please help me to find peace in You today, even if there is no one else is around who understands what I'm going through and all of the different emotions are weighing on my heart. Help me to remember that you see everything and Your eyes never sleep at night or fail during the day. Thank you for keeping me safe and for helping to heal the wounds in my heart. Please be with...

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#8

Dear Father in Heaven, thank you for the little ones in my care, and please help me in knowing how to best love and care for them today. Help me never forget that they are a gift from You so that I may always treat them as such! Please help me to be the mom...

#9

Dear Heavenly Father, may I appreciate today for all it is – a blessing. Please help me to see this day as it is: a gift; that my eyes may be opened wide with astonishment at the breathtaking beauty You have woven into every moment. Lord, please be with...

#10

Dear God, thank you for another chance to see and experience so many wonderful things today. Help me to be more grateful for You this day – because you deserve all my praise! Please help me to be grateful for...

#11

Heavenly Father, I'm not always sure what's going on in my life, but that's all right since Your plans are better than anything I could have imagined. Please help me to recognize Your hand in everything that happens and may I continue to keep my eyes on You so that when adversity strikes, it may be a chance for us to draw even closer together. May You be glorified in all that I do today, and may our eyes continue to be fixed on Your perfect will for us – because the journey is worth it! Please help me to...