GO YOUR WAY. EAT THE FAT AND DRINK THE SWEET WINE...
FOR THE JOY OF THE LORD IS YOUR STRENGTH.
NEHEMIAH 8:10

THE PURPOSE 31



2023

AVIRTUOUSWOMAN.ORG

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# **NOVEMBER**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY 1
5	6	7	8
12	13	14	15
19	20	21	22
26	27	28	29

# 2023

THURSDAY	FRIDAY	SATURDAY	NOTES
2	3	4	
9	10	11	
16	17	18	
23	24	25	
30			



# **DECEMBER**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
3	4	5	6
10	11	12	13
17	18	19	20
24/31	25	26	27

# 2023

THURSDAY	FRIDAY	SATURDAY	NOTES
	1	2	
7	8	9	
14	15	16	
17	18	19	
28	29	30	





# **WEEK ONE**



#### **CLEANING**

This week we're deep cleaning the kitchen.

- Clean out old spices and herbs.
- Clean out refrigerator and freezer.
- Use up leftover food to make room for holiday baking.
- Clean stove and oven. Line oven with aluminum foil to catch spills and make cleaning easier.
- Wipe down outside of cupboards.
- Mop floors.
- Wipe down outside of appliances.
- Clean silverware caddy and wipe out drawers that need cleaning.
- Keep a simple potpourri simmering on the stove throughout the holiday season.

#### **HOLIDAY PREPARATION**

Update holiday card list.

Decide on your budget for Christmas gifts.

Fill out Christmas Gift List.

Write down menu ideas for Thanksgiving Dinner.

Bake one batch of holiday cookies, goodies, or sweet bread and place in freezer.

Make one extra meal and label Holiday Meal and place in freezer..

Schedule any dinner parties or get togethers you are planning on your calendar.

- Buy extra canned foods to donate to holiday food drive.
- Purchase materials needed for homemade gifts.



### **WEEK TWO**



#### **CLEANING**

This week we're deep cleaning the living areas.

Wash mantel and clean out the fire place.

Decorate with seasonal fall décor.

Dust and polish all wood furniture.

Vacuum carpets or rugs.

Clear piles of clutter, books, magazines, etc. and leave the space neat.

Wash blankets and throws.

#### **HOLIDAY PREPARATION**

- Take inventory of baking staples and ingredients.
- Finalize Thanksgiving menu.
- Let guests know what to bring for Thanksgiving Dinner.
- Bake one batch of holiday cookies, goodies, or sweet bread and place in freezer.
- Make one extra meal and label Holiday Meal and place in freezer.
- Continue working on homemade gifts.
- Clean and organize coat closet.
- Add extra canned foods for holiday food drive to box in storage area or pantry.

- Buy extra flour, butter, sugar, and baking powder.
- Buy extra canned foods to donate to holiday food drive.
- Buy 1/5 of gifts on Christmas Gift List. Save all receipts.
- Purchase remaining materials needed for homemade gifts.



# **WEEK THREE**



#### **CLEANING**

This week we're deep cleaning the bathrooms.

Clean out medicine cabinet.

Clean out under the sink.

Wash shower curtains and bath rugs.

Wash decorative towels.

Scrub sink, bathtub, shower, and toilet.

Stock bathrooms with extra supplies of toilet paper, soaps, shampoos, etc.

Mop floor.

#### **HOLIDAY PREPARATION**

- Add extra canned foods for holiday food drive to box in storage area or pantry.
- Read through Thanksgiving recipes and make shopping list for ingredients.
- Finalize Thanksgiving menu.
- Bake one batch of holiday cookies, goodies, or sweet bread and place in freezer.
- Make one extra meal and label Holiday Meal and place in freezer.
- Continue working on homemade gifts.

- Buy extra aluminum foil, plastic wrap, freezer bags, and containers for leftovers.
- Buy extra canned foods to donate to holiday food drive.
- Buy 1/5 of gifts on Christmas Gift List. Save all receipts.
- Purchase Christmas cards.



# **WEEK FOUR**



#### **CLEANING**

This week we're deep cleaning the guest room.

- Wash all bed linens and rotate mattress if needed.
- Make the bed.
- Put together guest basket with hygiene essentials: soap, shampoo, toothbrush, mouthwash, etc.
- Wash windows.
- Set out fresh seasonal candles and add a touch of holiday decor.
- Vacuum carpets and rugs.

#### **HOLIDAY PREPARATION**

- Bake one batch of holiday cookies, goodies, or sweet bread and place in freezer.
- Make one extra meal and label Holiday Meal and place in freezer.
- Make online gift purchases.
- Continue working on homemade gifts.
- Add Christmas activities and events to calendar.
- Wrap presents as you purchase them.
- Donate purchased canned foods to local food drive.

- Buy extra canned foods to donate to holiday food drive.
- Buy 1/5 of gifts on Christmas Gift List. Save all receipts.
- Make any online gift purchases now so there is plenty of time for shipping.
- Purchase Christmas cards.



# **WEEK FIVE**



#### **CLEANING**

This week we're deep cleaning the kitchen again.

- Clean out refrigerator and freezer.
- Use up leftover food to make room for holiday baking.
- Clean stove and oven. Line oven with aluminum foil to catch spills and make cleaning easier.
- Wipe down outside of cupboards.
- Mop floors.
- Wipe down outside of appliances.
- Clean silverware caddy and wipe out drawers that need cleaning.
- Keep a simple potpourri simmering on the stove throughout the holiday season.

#### **HOLIDAY PREPARATION**

- Write down menu ideas for Christmas Dinner.
- Bake one batch of holiday cookies, goodies, or sweet bread and place in freezer.
- Make one extra meal and label Holiday Meal and place in freezer.
- Continue working on homemade gifts.
- Write Christmas letter if desired.
- Begin writing Christmas cards and addressing envelopes.
- Purchase fresh Christmas tree, if desired.
- Decorate the house for Christmas.
- Set up wrapping station in low traffic area of your home.
- Begin wrapping presents.

- Buy extra canned foods to donate to holiday food drive.
- Buy 1/5 of gifts on Christmas Gift List. Save all receipts.



# **WEEK SIX**



#### **CLEANING**

This week we're deep cleaning the living areas.

- Wash mantel and clean out the fire place.
- Decorate mantel with seasonal Christmas décor.
- Dust and polish all wood furniture.
- Vacuum carpets or rugs.
- Clear piles of clutter, books, magazines, etc. and leave the space neat.
- Wash blankets and throws.

#### **HOLIDAY PREPARATION**

- Bake one batch of holiday cookies, goodies, or sweet bread and place in freezer.
- Make one extra meal and label Holiday Meal and place in freezer.
- Continue working on homemade gifts.
- Confirm travel plans for overnight guests.
- Finalize Christmas Menu.
- Finish writing Christmas cards and addressing envelopes. Add stamps and take to post office.
- Wrap and package out of town Christmas gifts for shipping.
- Hand out gifts and gratuities to service people.

- Buy 1/5 of gifts on Christmas Gift List. Save all receipts.
- Buy thank you cards and stamps.



# **WEEK SEVEN**



#### **CLEANING**

This week we're doing a quick clean up of the whole house.

- Use a laundry basket to do a quick pick up of any clutter around the house.
- Put all clutter away.
- Catch up on laundry, fold and put away.
- Vacuum and mop all floors.
- Clean the bathrooms.
- Make beds and straighten bedrooms.
- Have children make room for new toys and other presents by discarding unwanted things.

#### **HOLIDAY PREPARATION**

- Put together plates or boxes of cookies and goodies to give to teachers, neighbors, or friends.
- Read through Christmas recipes and make shopping list for ingredients.
- Add extra canned foods for holiday food drive to box in storage area or pantry.
- Bake one batch of holiday cookies, goodies, or sweet bread and place in freezer.
- Make one extra meal and label Holiday Meal and place in freezer.
- Complete homemade gifts.
- Iron cloth napkins and table cloths.
- Continue wrapping presents as you have time.

- Buy extra canned foods to donate to holiday food drive.
- Finish last minute Christmas shopping and buy stocking stuffers.



# **WEEK EIGHT**



#### **CLEANING**

This week we're doing the basics of keeping things neat.

- Pick up clutter and put away.
- Wash linens and towels as needed.
- Vacuum carpets and rugs.
- Mop floors.
- Wipe down bathrooms as needed each morning and evening.

#### **HOLIDAY PREPARATION**

- Finish purchasing groceries for Christmas dinner.
- Utilize Holiday Meals in freezer during busy days.
- Complete homemade gifts.
- Charge camera batteries.
- Finish last minute gift wrapping.

#### **AFTER CHRISTMAS DAY**

- Organize Christmas gifts and decide where new items will "live" inside your home.
- Put away wrapping paper and supplies.
- Keep only ornaments you love.
- Write thank you notes and put in mail.
- Make any end of year charitable donations now.
- Write down any special holiday memories in your Christmas planner and journal.
- Print holiday photos and put into album or scrapbook.

#### **AFTER CHRISTMAS SHOPPING**

• Look for decorations and other assorted Christmas items on sale for next year.







# **FALL BUCKET LIST**

#### SCHEDULE SOME FUN ACTIVITIES INTO YOUR HOLIDAY CALENDAR FOR NOVEMBER!

Visit a pumpkin patch.
Bake cookies.
Roast marshmallows over a fire.
Carve a pumpkin.
Go through a corn maze.
Drink apple cider with whipped cream.
Bake pumpkin bread.
Eat a pumpkin pie.
Gostar gazing.
Visit a street fair or outdoor concert.
Go to a fall festival.
Make caramel apples.



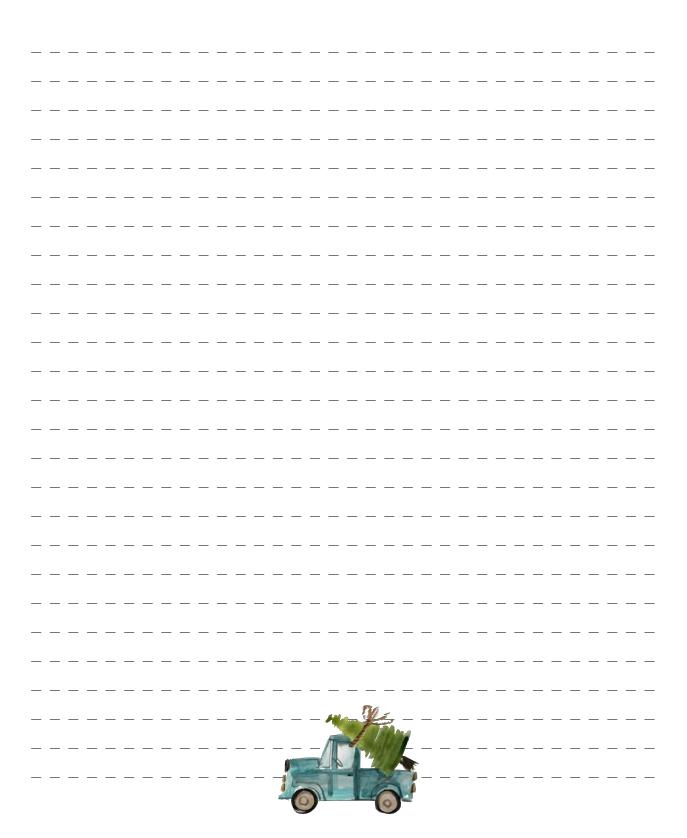
Go on a hay ride.

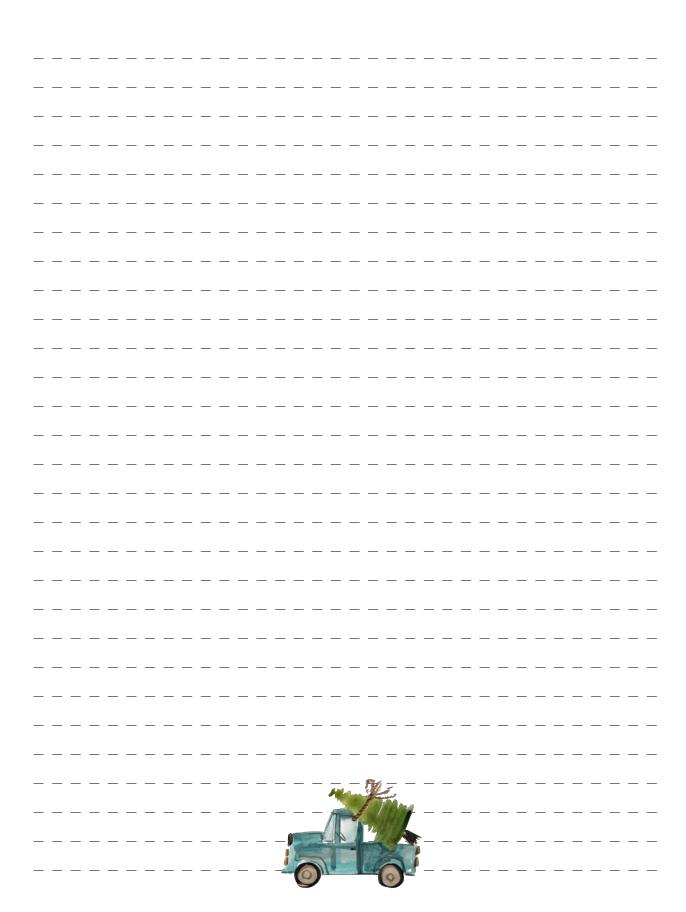
# **CHRISTMAS BUCKET LIST**

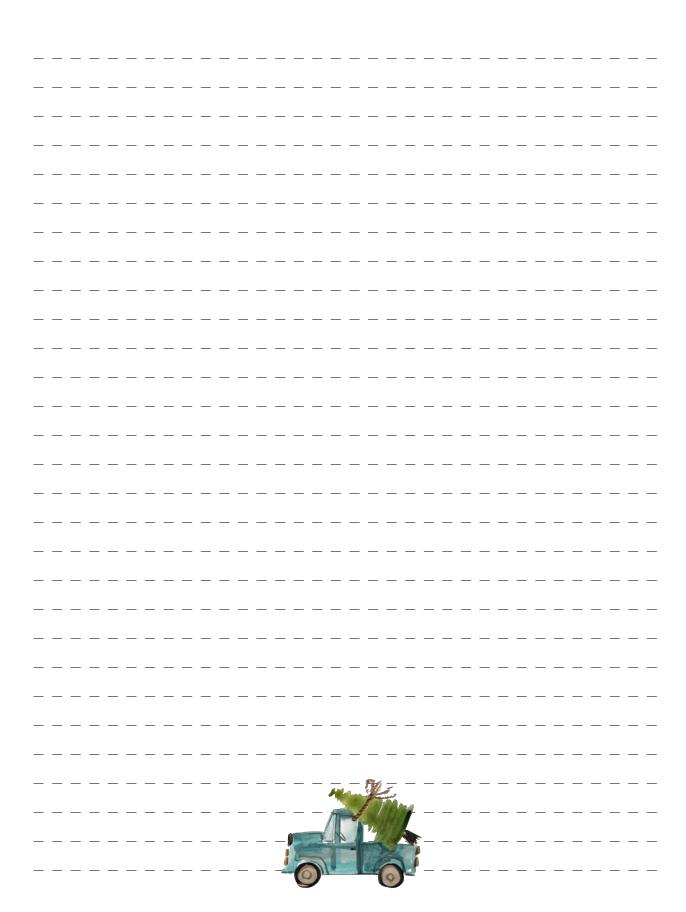
#### SCHEDULE SOME FUN ACTIVITIES INTO YOUR HOLIDAY CALENDAR FOR DECEMBER!

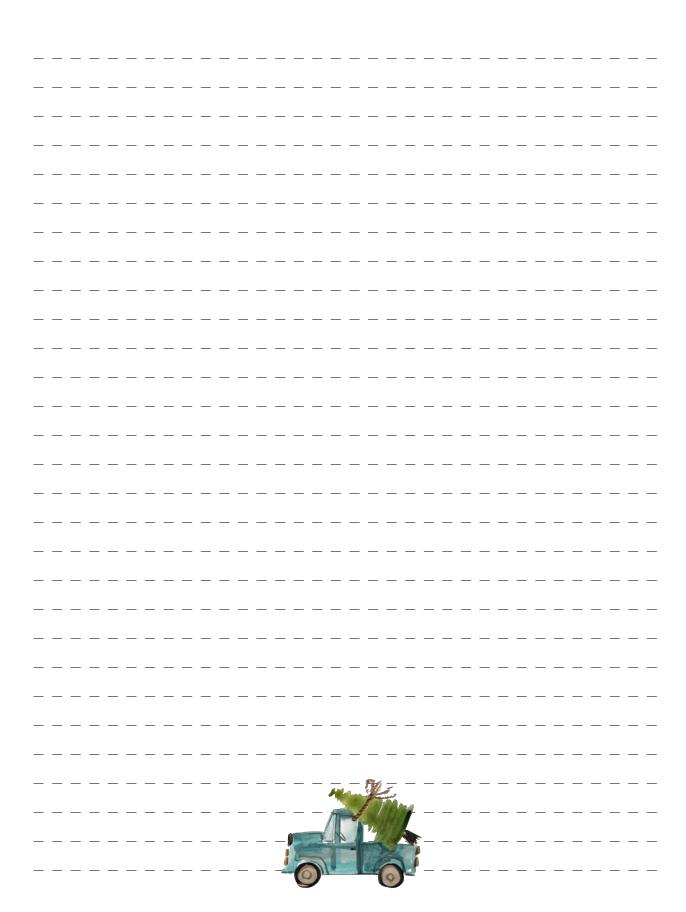
Goice skating.
Visit a tree lighting ceremony.
Read a holiday story before bed.
Watch a holiday movie.
Donate a box to Operation Shoebox.
Send a card to someone in the military.
Make homemade s'mores over the fire.
Drink hot chocolate with whipped cream.
Volunteer at a local soup kitchen.
Hang mistletoe in the doorway.
Have a slumber party by the Christmas tree.
Host a cookie swap party.
Take a family drive to see the Christmas lights.

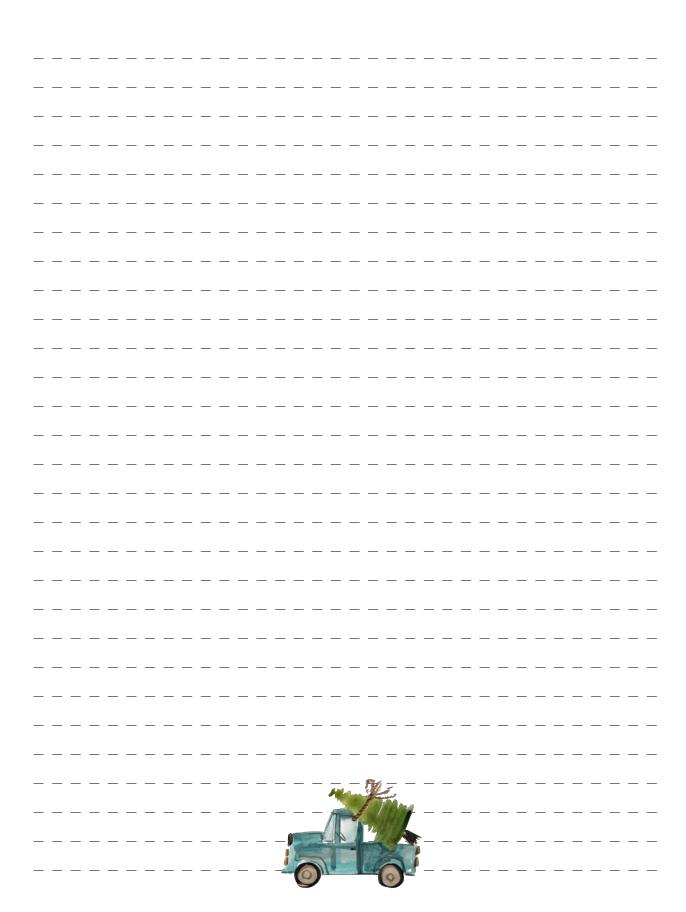
# WHAT DO THE HOLIDAYS MEAN TO ME? WHAT DO I WANT MY FAMILY TO REMEMBER?

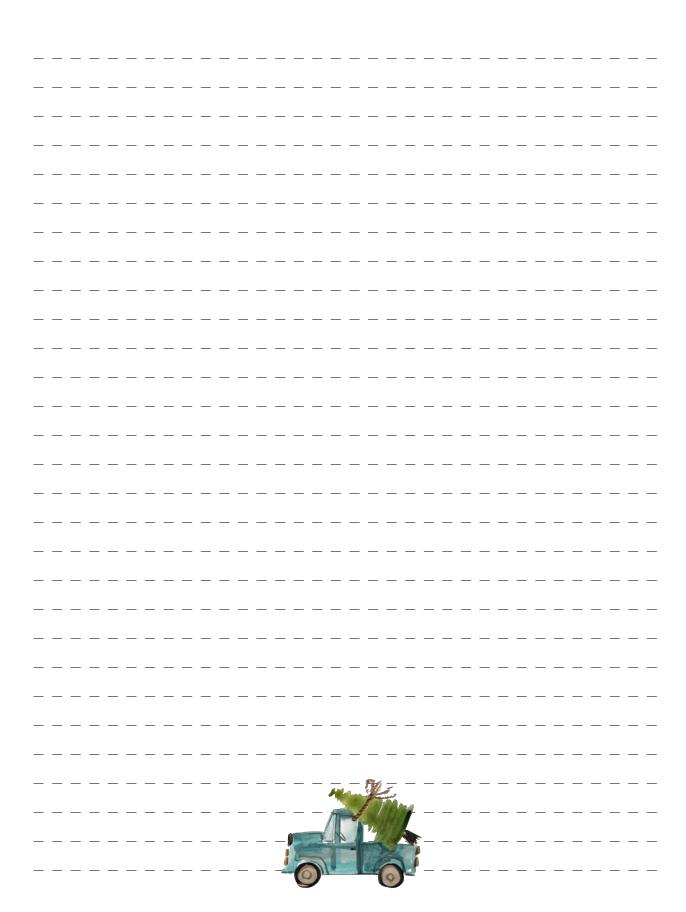






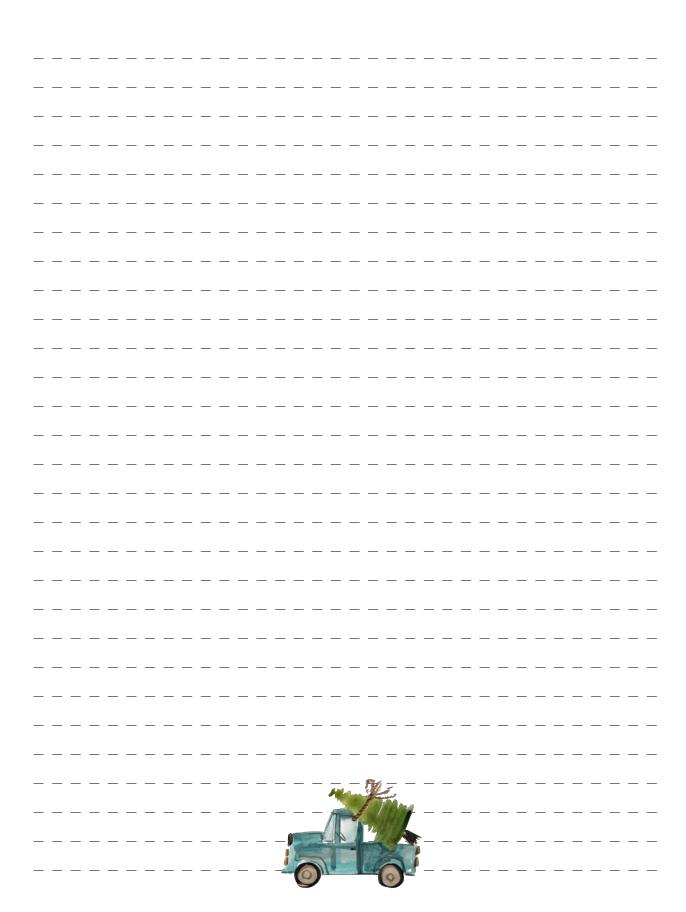


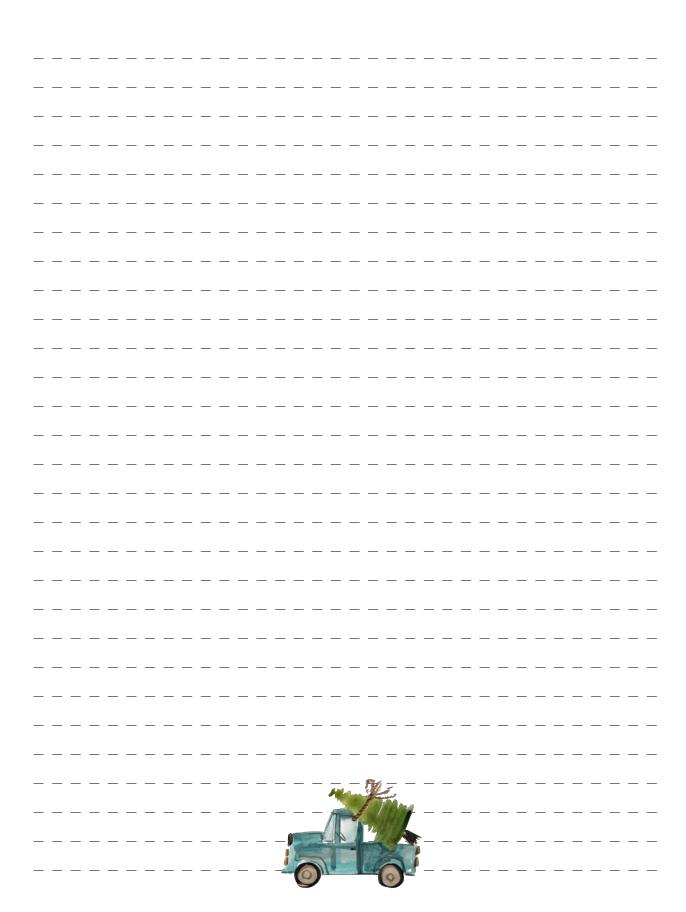


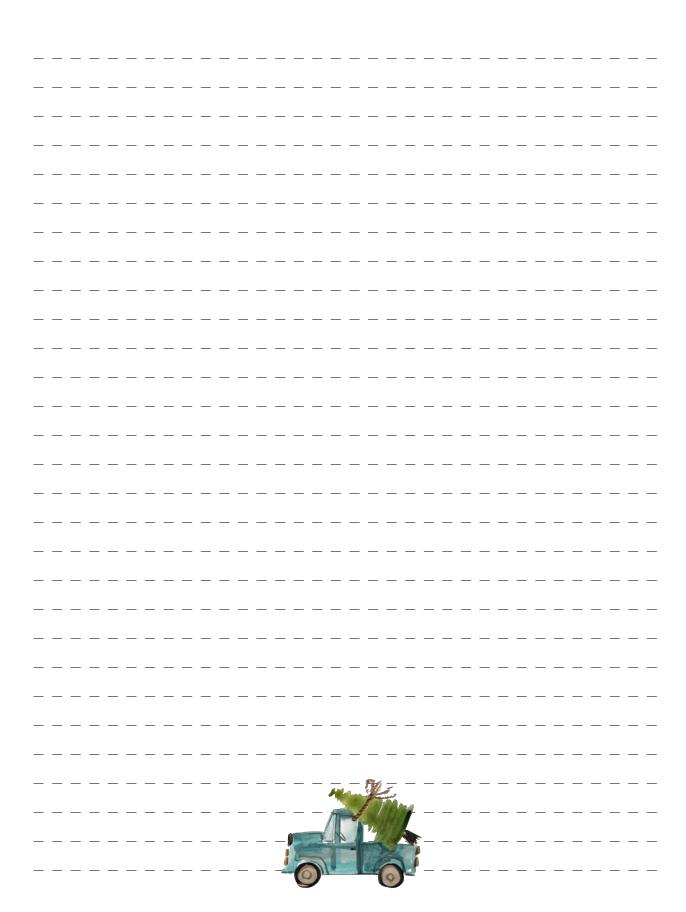


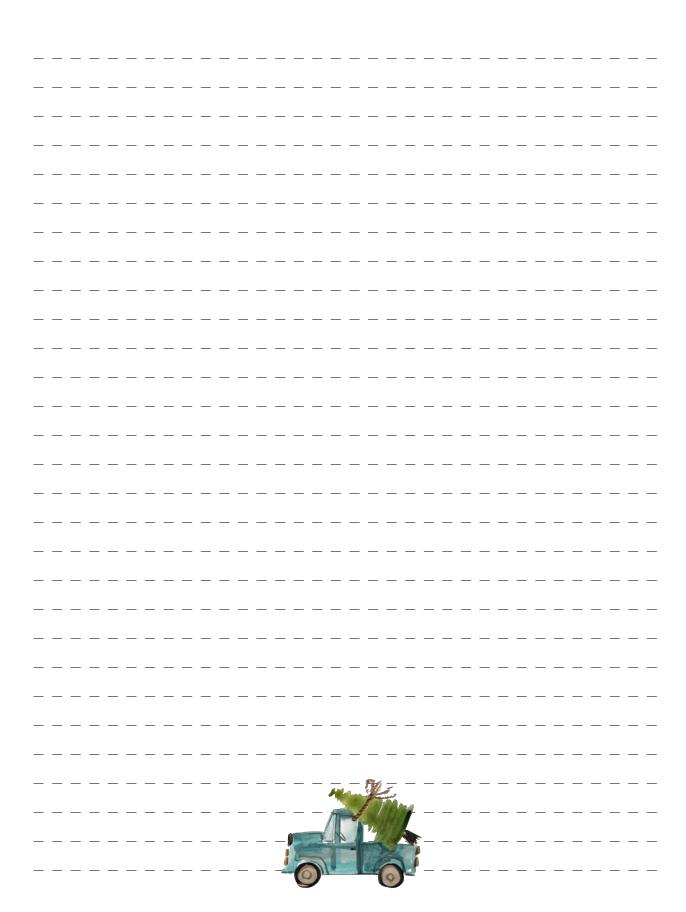


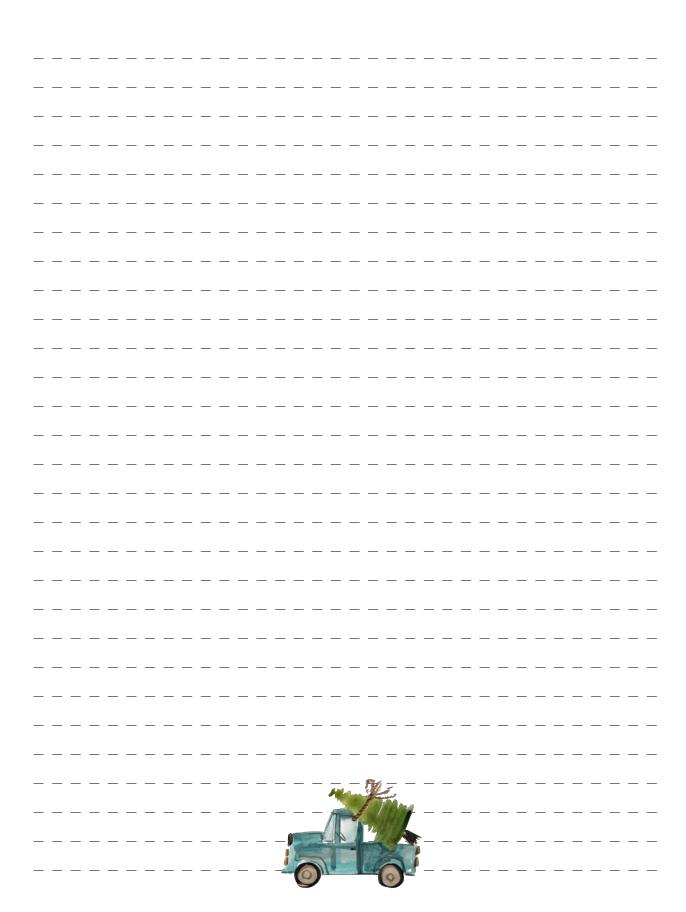


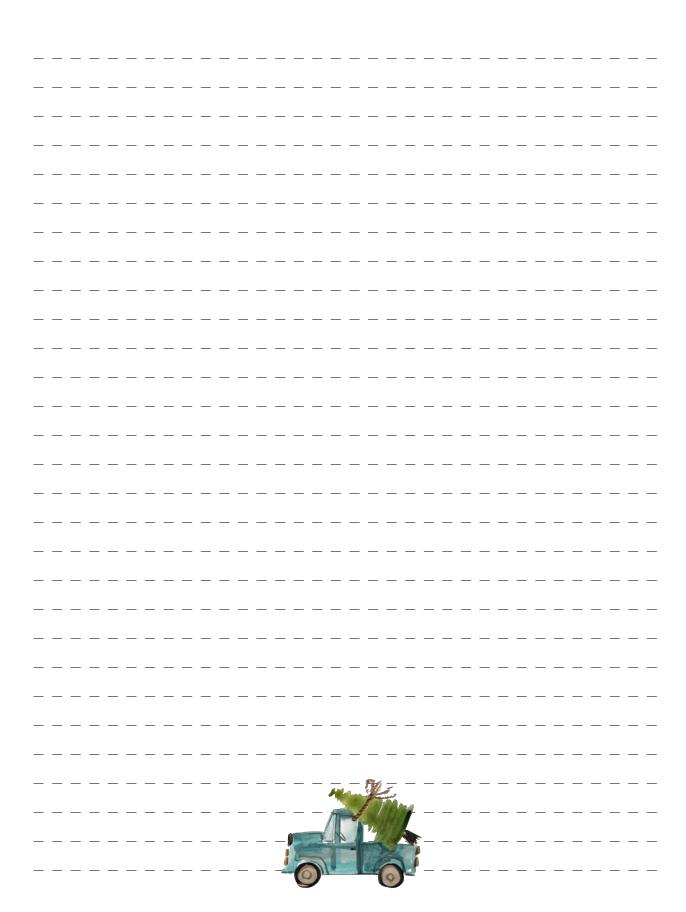


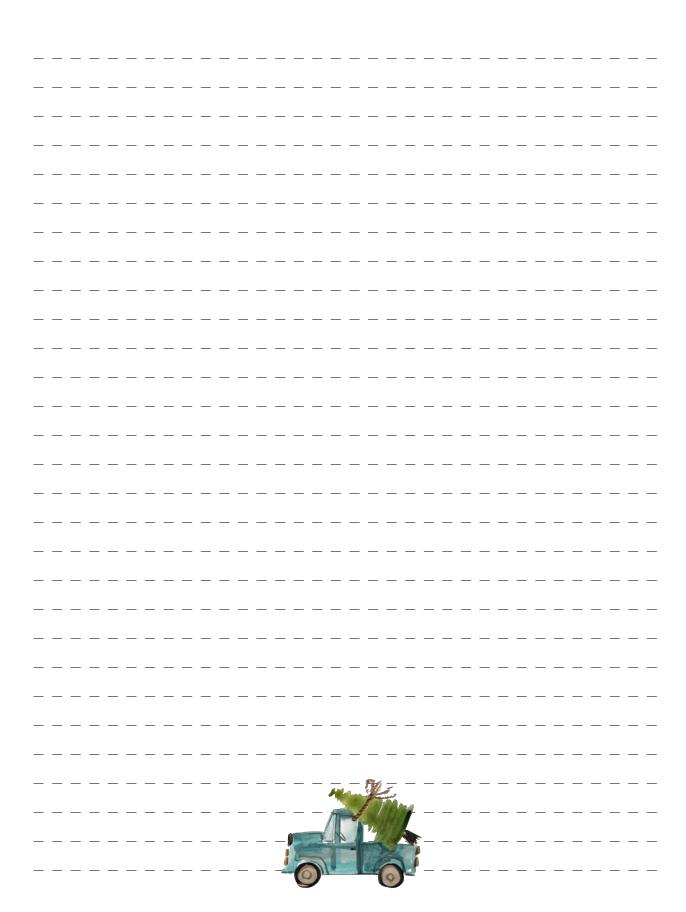


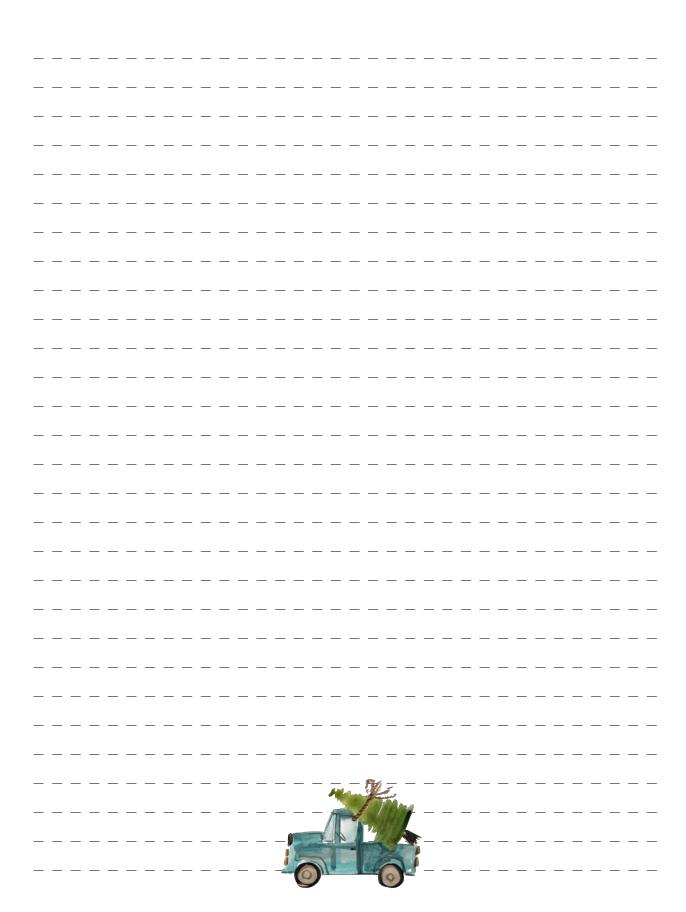






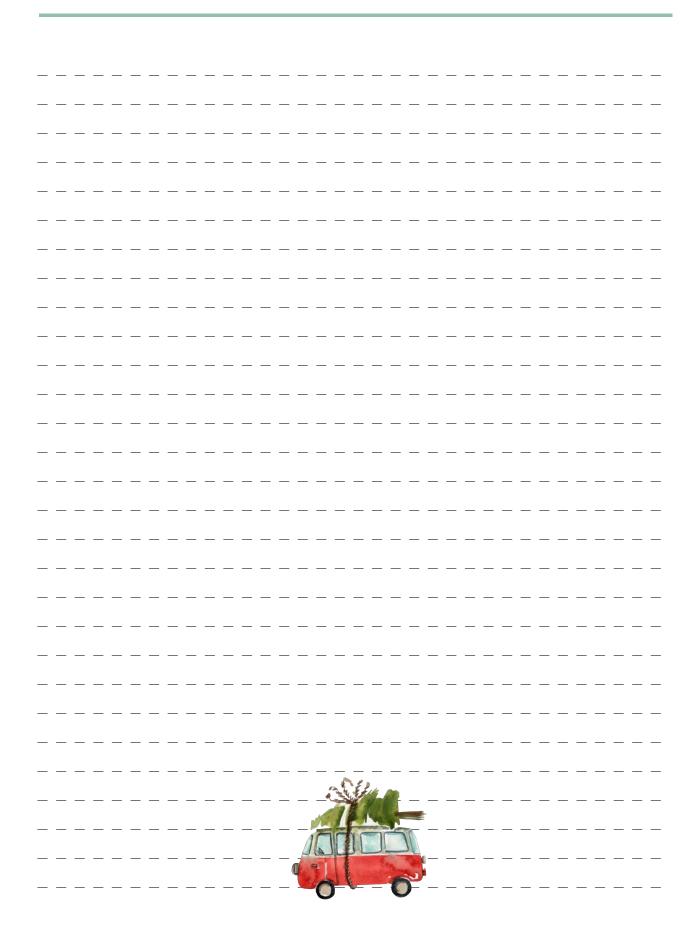


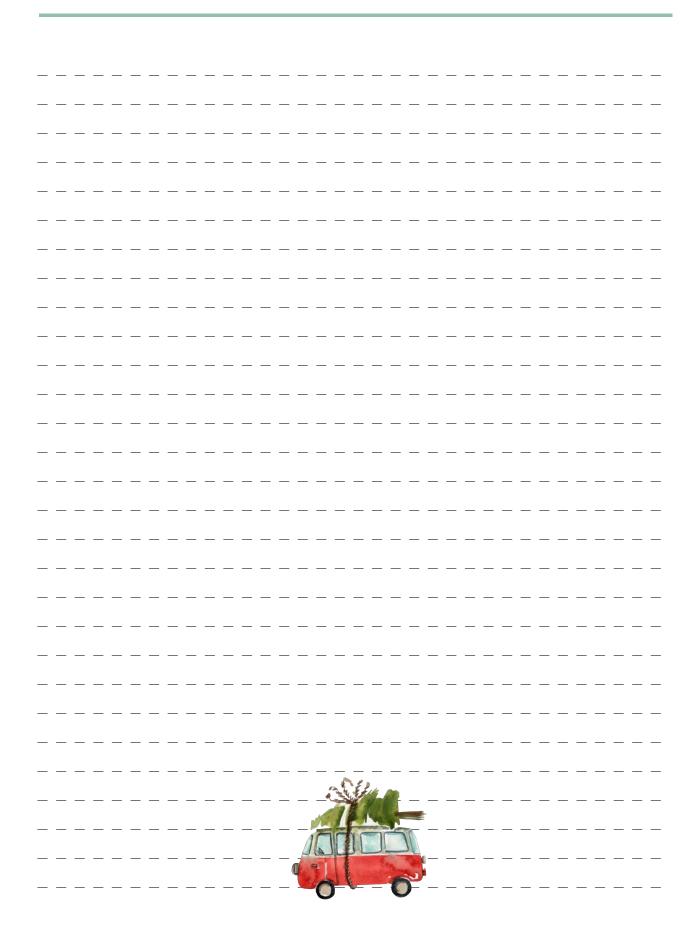


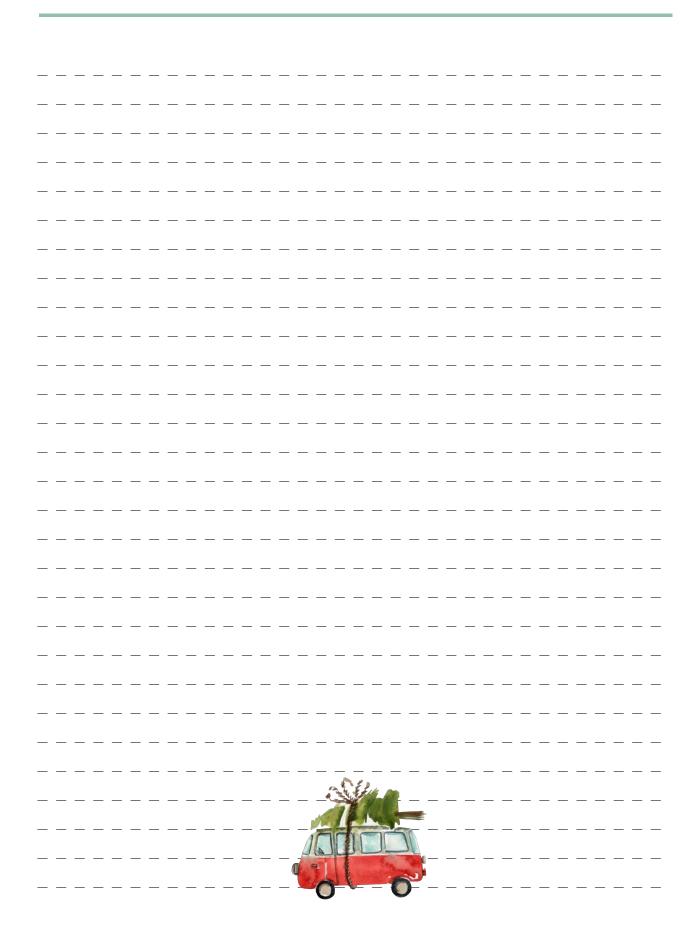


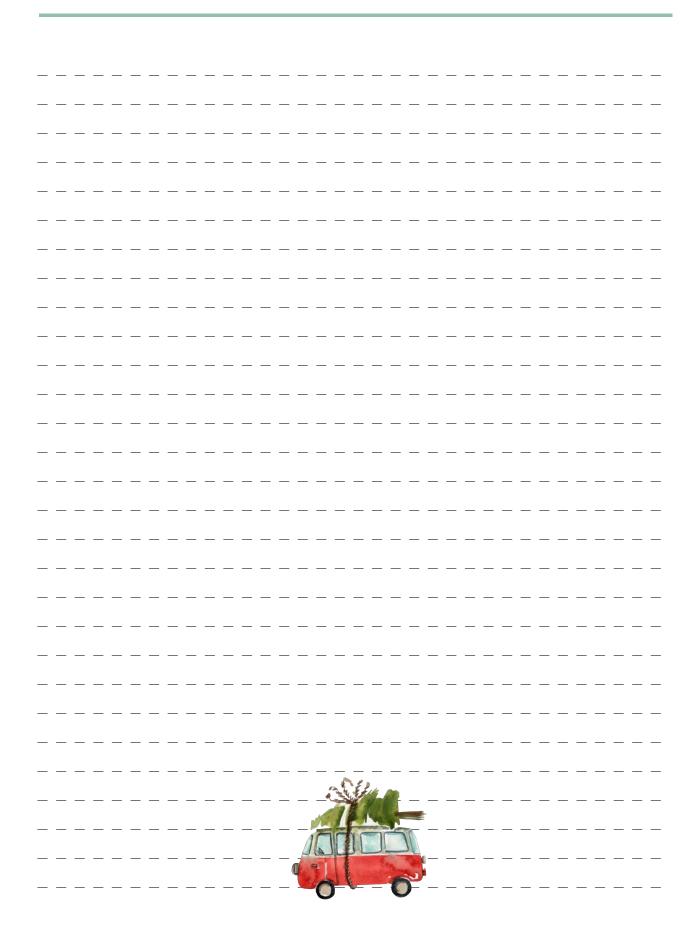






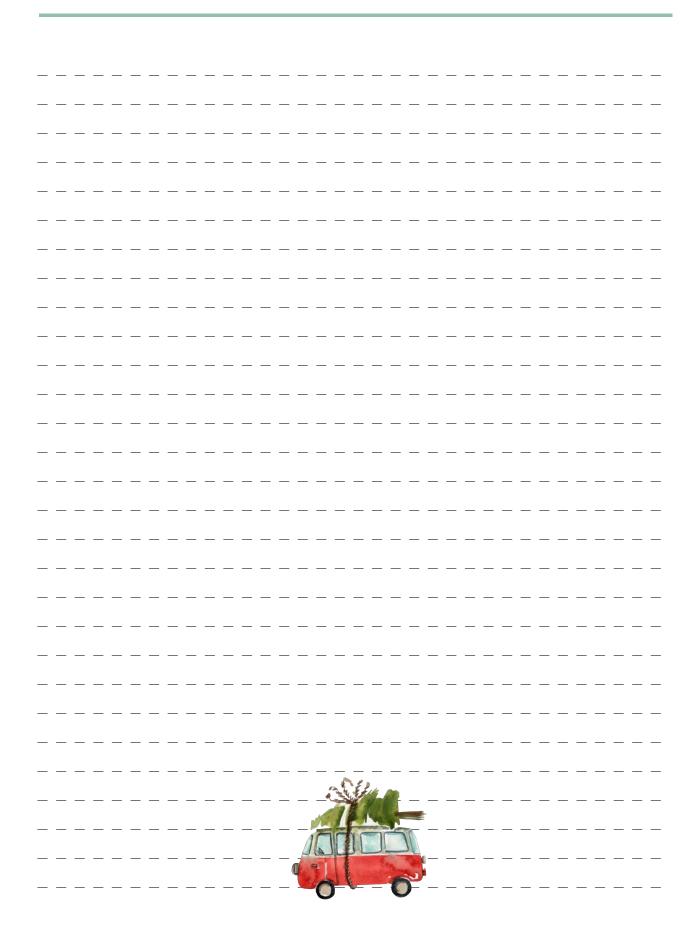


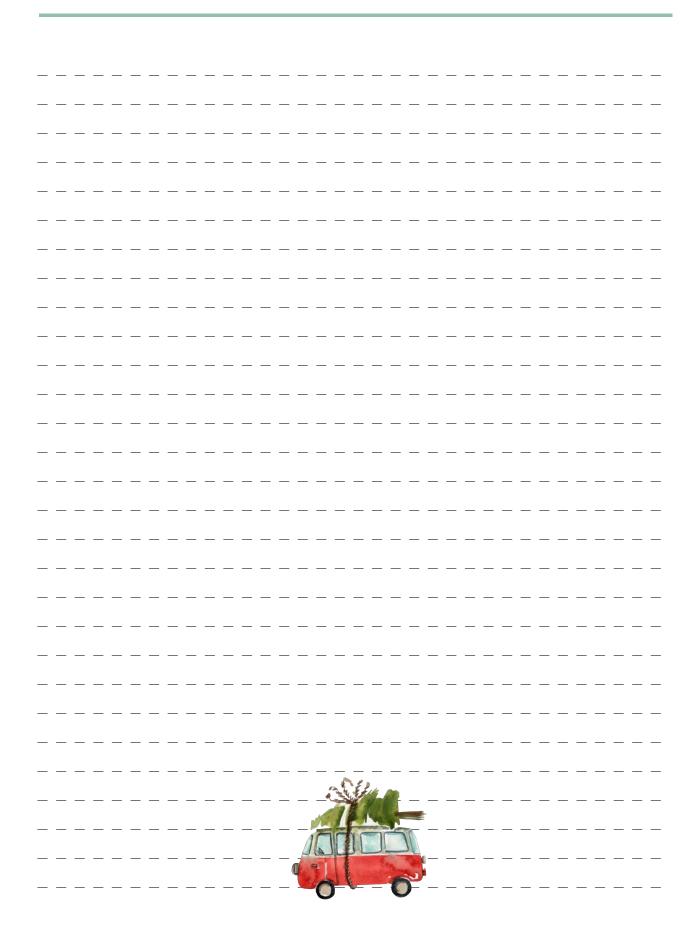


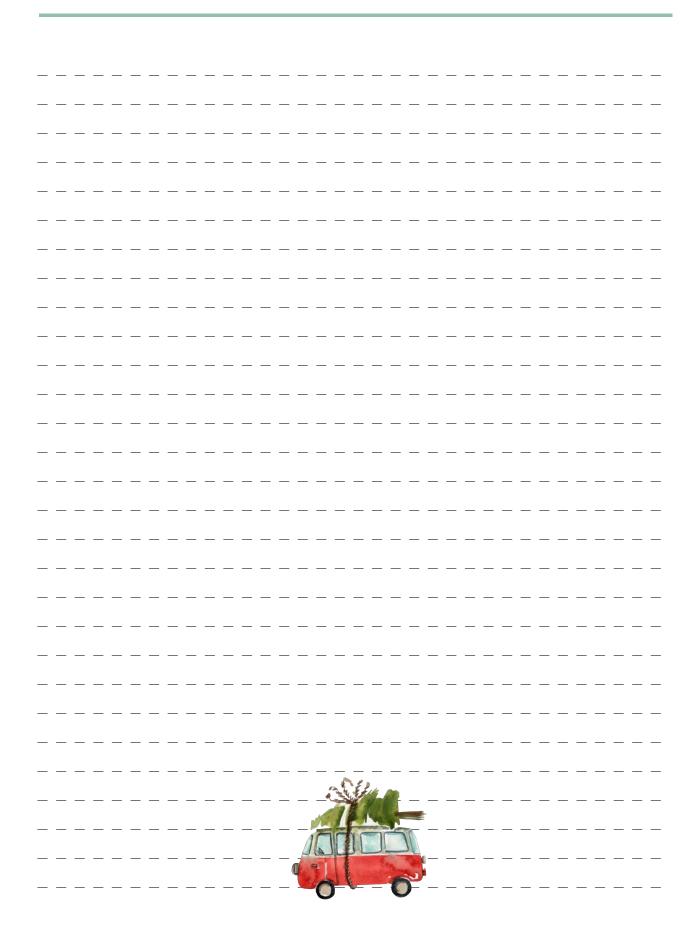


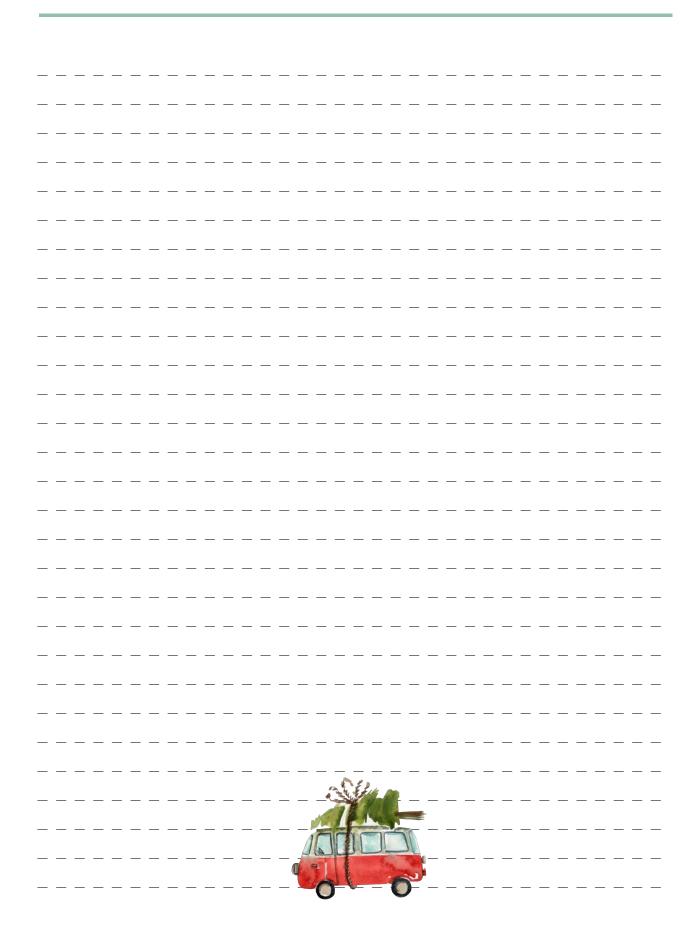


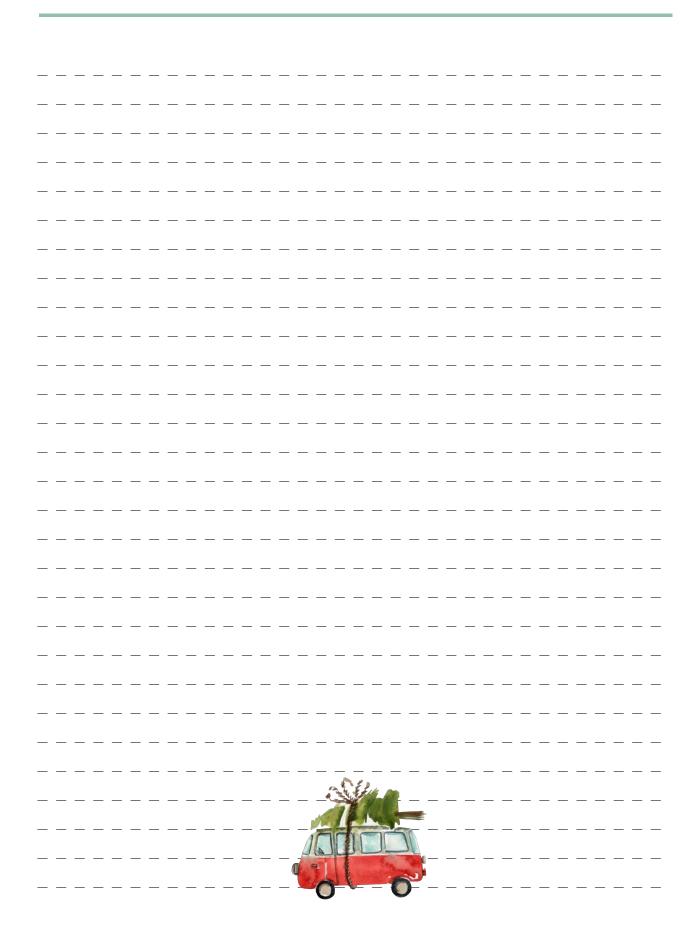


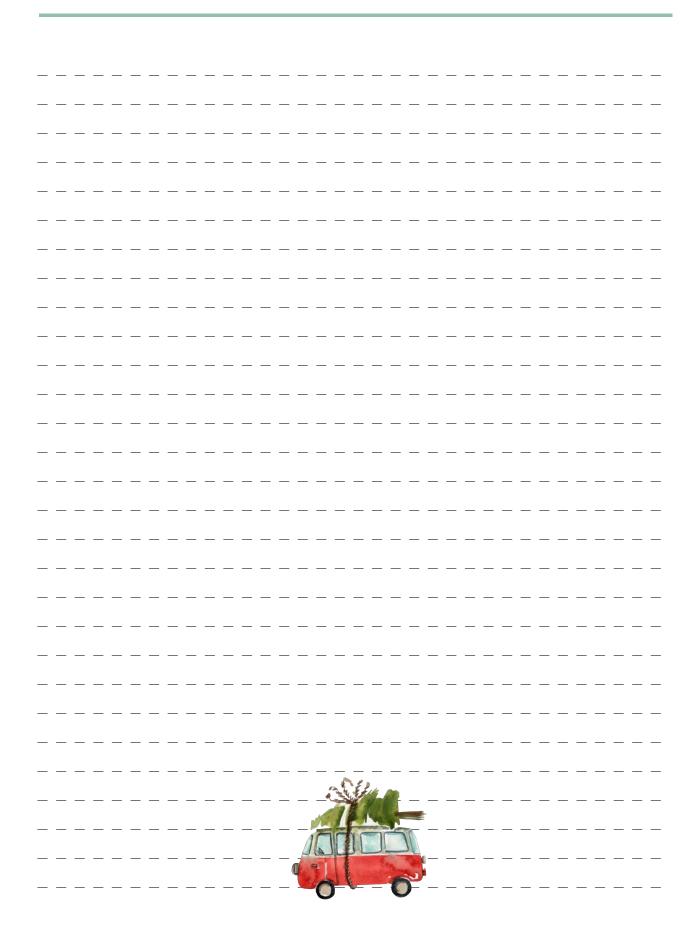


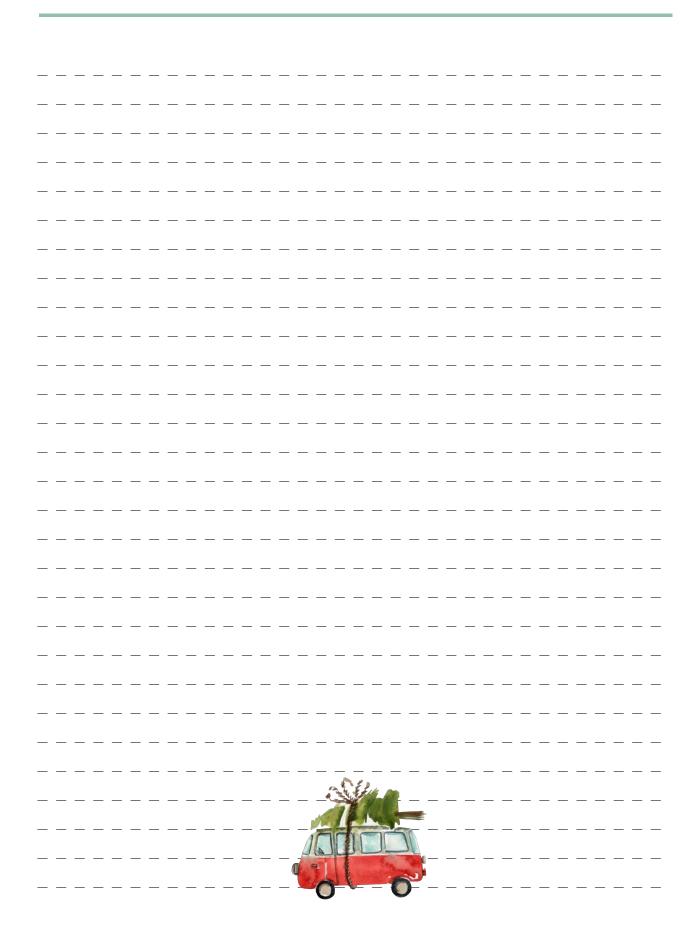


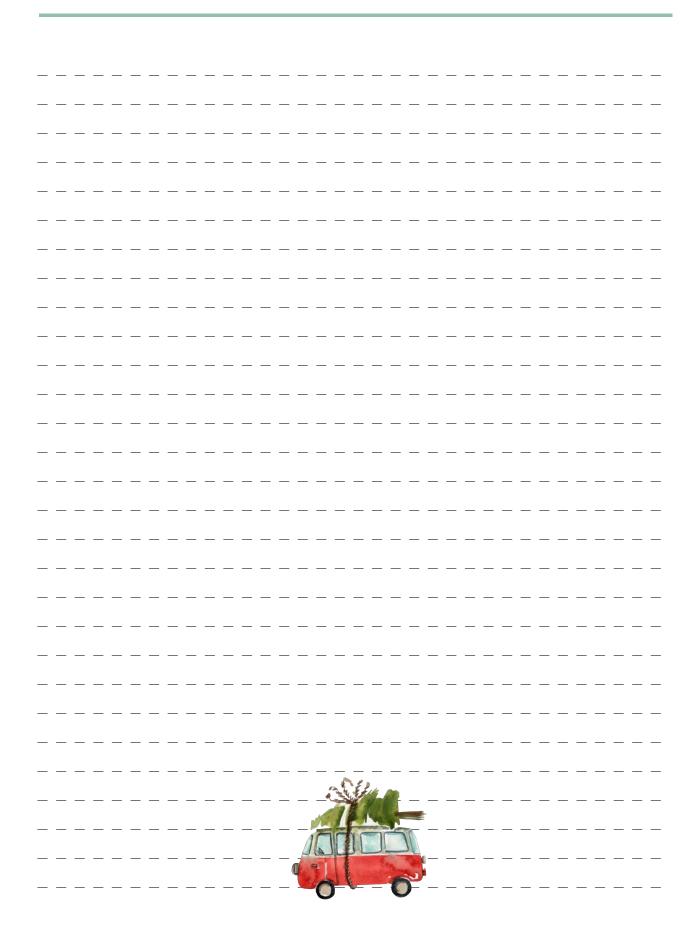












### SCRIPTURE READINGS FOR FALL

In every thing give thanks, for this is the will of God in Christ Jesus concerning you.

1 Thessalonians 5:18

Be filled with the Spirit; speaking one to another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord; giving thanks always for all things in the name of our Lord Jesus Christ to God, even the Father.

Ephesians 5:18-20

I will give thanks to you, LORD, with all my heart; I will tell of all your wonderful deeds.

Psalm 9:1

Let them give thanks to the LORD for his unfailing love and his wonderful deeds for mankind, for he satisfies the thirsty and fills the hungry with good things.

Psalm 107:8-9

Let us come before him with thanksgiving and extol him with music and song. For the LORD is the great God, the great King above all gods.

Psalm 95:2-3

I will give thanks to the LORD because of his righteousness; I will sing the praises of the name of the LORD Most High.





### SCRIPTURE READINGS FOR CHRISTMAS

Therefore the Lord himself will give you a sign:
The virgin will conceive and give birth to a son,
and will call him Immanuel.
Isaiah 7:14

The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth.

John 1:14

For to us a child is born, to us a son is given, and the government will be on his shoulders. And he will be called Wonderful Counselor, Mighty God,

Everlasting Father, Prince of Peace.

Isaiah 9:6

"But you, Bethlehem Ephrathah, though you are small among the clans of Judah, out of you will come for me one who will be ruler over Israel, whose origins are from of old, from ancient times."

Micah 5:2

There shall come forth a shoot from the stump of Jesse, and a branch from his roots shall bear fruit.

Isaiah 11:1

When they saw the star, they rejoiced with exceeding great joy.

Matthew 2:10

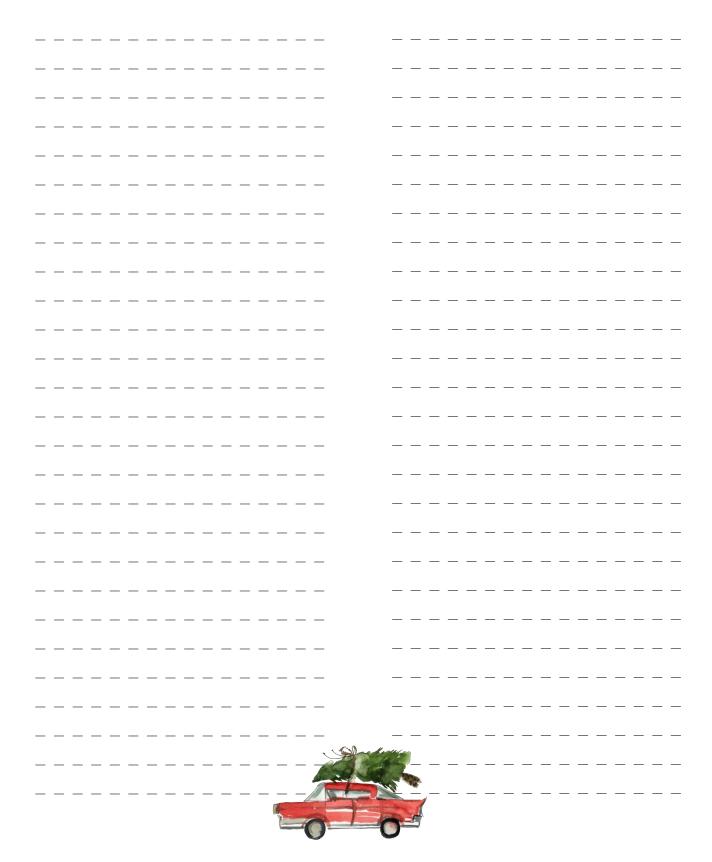




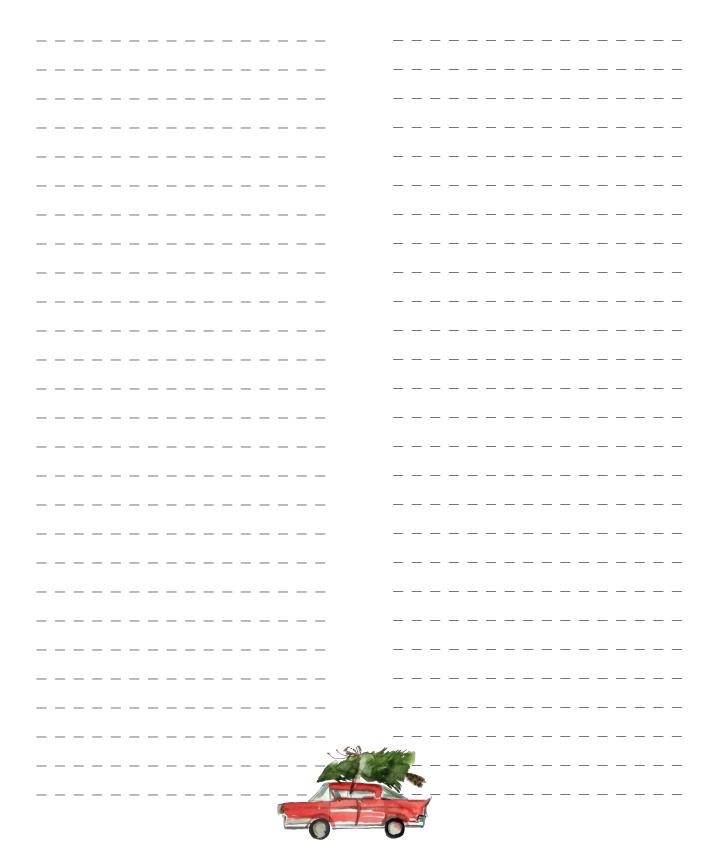




# **STOCKING STUFFERS**



# **SHOPPING LIST**



N A M E	NAME
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N A M E	NAME
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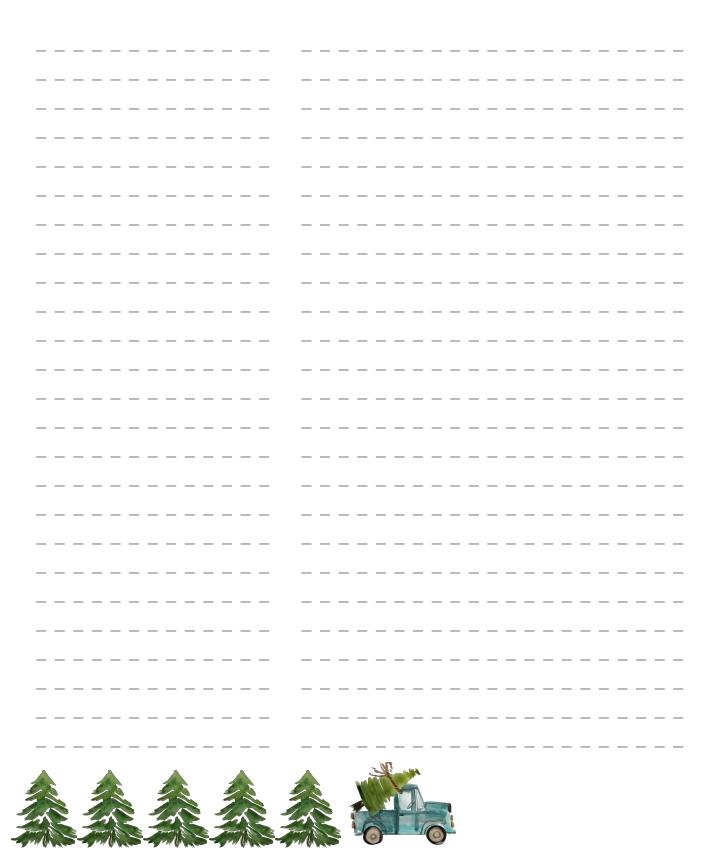


# THANKSGIVING MENU

S O U R C E



### **CHRISTMAS MENU**



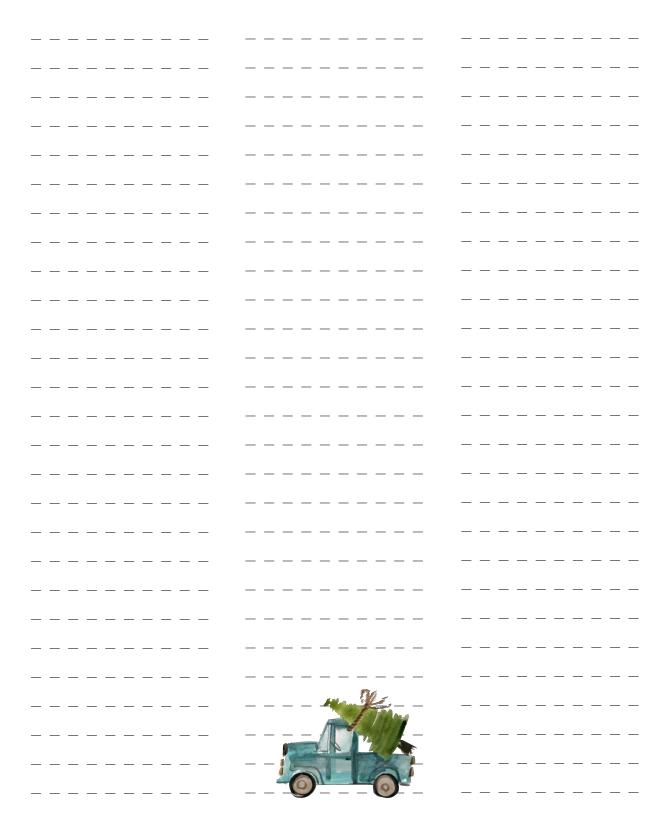


### **RECIPES FROM COOKBOOKS**



RECIPE	S O U R C E

# **GROCERY LIST**



# **BAKING EQIVALENTS**

16 TABLESPOONS	1 C U P
1 2 T A B L E S P O O N S	3 / 4 C U P
1 O T A B L E S P O O N S + 2 T E A S P O O N S	2 / 3 C U P
8 TABLESPOONS	1 / 2 C U P
6 TABLESPOONS	3 / 8 C U P
5 TABLESPOONS + 1 TEASPOON	1 / 3 C U P
16 TABLESPOONS	1 / 4 C U P
2 TABLESPOONS + 2 TEASPOONS	1 / 6 C U P
2 TABLESPOONS	1 / 8 C U P
1 TABLESPOON	1/16 CUP
1 P I N T	2 C U P S
1 Q U A R T	2 PINTS
1 T A B L E S P O O N	3 TEASPOONS
1 C U P	48 TEASPOONS
1 C U P	16 TABLESPOONS

### **HOLIDAY MENU PLAN**

	BREAKFAST	LUNCH	DINNER	SNACKS
SUNDAY				
MONDAY				
TUESDAY				
WEDNESDAY				
THURSDAY				
FRIDAY				
SATURDAY				

### **HOLIDAY MENU PLAN**

	BREAKFAST	LUNCH	DINNER	SNACKS
SUNDAY				
MONDAY				
TUESDAY				
WEDNESDAY				
THURSDAY				
FRIDAY				
SATURDAY				

RECIPE	YIELD TIME
FROM THE KITCHEN OF:	



RECIPE	YIELD TIME
FROM THE KITCHEN OF:	



RECIPE	YIELD TIME
FROM THE KITCHEN OF:	



RECIPE	YIELD TIME
FROM THE KITCHEN OF:	



RECIPE	YIELD TIME
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RECIPE	YIELD TIME
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RECIPE	YIELD TIME
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RECIPE	YIELD TIME
FROM THE KITCHEN OF:	







